What is claimed is:

1. A false ceiling for a room having walls and trusses extending between the walls, the false ceiling comprising:

an elongate U-shaped member defined by a pair of spaced flanges connected by a center portion, said center portion having a plurality of elongate slots therein;

means for connecting the U-shaped member to a truss, wherein the elongate slots allow the connecting means selective positioning relative to the U-shaped member; and

flexible material fastened along an interior surface of one of the pair of spaced flanges.

- 2. The false ceiling of claim 1 further comprising attachment means secured to the interior surfaces of the pair of spaced flanges for securing the flexible material thereto.
- 3. The false ceiling of claim 2, further comprising a block material sized to tightly fit between the interior surfaces of the pair of spaced flanges for further securing the flexible fabric material to the interior surfaces of the U-shaped member.
- 4. The false ceiling of claim 2, further comprising a decorative cap adapted to be attached over the pair of spaced flanges for hiding the attachment means.
- 5. The false ceiling of claim 1, wherein the connecting means includes a clamp encircling the truss and a nut and bolt combination, wherein the bolt extends through a portion of the clamp and through one of the elongate slots and the nut is secured to the bolt between the pair of spaced flanges.

- 6. The false ceiling of claim 2, wherein the attachment means include hook-and-loop strips positioned on the at least one interior surface of the U-shaped member and on an edge of the fabric material.
- 7. The false ceiling of claim 3, wherein the block material is made of foam.
- 8. The false ceiling of claim 2, further comprising hook-and-loop strips secured to the interior surfaces of the pair of spaced flanges and corresponding hook-and-loop strips secured to edges of the flexible material for securing the flexible material to said flanges;

a block of foam material sized to tightly fit between the interior surfaces of the pair of spaced flanges for further securing the flexible material between the interior surfaces of the U-shaped member;

a decorative cap adapted for attachment over the pair of spaced flanges for hiding the attachment means, wherein the connecting means includes a clamp encircling the truss and a nut and bolt combination, wherein the bolt extends through a portion of the clamp and through one of the elongate slots and the nut is secured to the bolt between the pair of spaced flanges.

- 9. The false ceiling of claim 8, wherein the central flange of the U-shaped member has a dowel with an interior cavity extending between the pair of parallel flanges for threadably receiving a bolt extending into an aperture of the decorative cap.
- 10. The false ceiling of claim 5 further comprising a decorative cap adapted for attachment over the pair of spaced flanges for binding the attachment means.
- 11. A method for hanging a false cloth ceiling to a truss, the method comprising the steps of:

providing an elongate U-shaped member defined by a pair of spaced flanges connected by a center portion, said center portion having a plurality of elongate slots therein;

connecting the U-shaped member to the truss; and fastening flexible material along an interior side of one of the pair of spaced flanges.

- 12. The method according to claim 10 further comprising the step of securing attachment means to the interior surfaces of the pair of spaced flanges before fastening the flexible material along the interior surfaces.
- 13. The method according to claim 11 further comprising the step of fitting a block material between the interior surfaces of the pair of spaced flanges, said block of material sized to tightly fit between the interior sides for securing the flexible material to the interior surfaces of the elongate U-shaped member.
- 14. The method according to claim 12 further comprising the step of attaching a decorative cap over the pair of spaced flanges.
- 15. The method according to claim 13 wherein the center portion has a dowel extending therefrom, said dowel having a center cavity and the decorative cap having an aperture for receiving a bolt therethrough, said bolt threadably received into the center cavity of the dowel for securing the decorative cap to the U-shaped member.